

Curriculum Vitae

David M. Schemberger, M.D.

Dr. Dave Schemberger is a scientist, physician (retired), naturalist, organic food grower and grandfather of four. His academic studies and career spans a period of 45 years beginning with a BS degree from the University of Wisconsin Milwaukee in the late 1960s, earning a double major in biology and biochemistry.

For two years after graduation, Dave was a brewing chemist at Jos. Schlitz Brewing Company. In 1969, he moved with his wife and young child to California and took a position in the microbiology department at the California Institute of Technology working in the laboratory of Dr. Max Delbruck. Dr. Delbruck became the recipient of the 1971 Nobel Prize in Medicine and Physiology for his work with bacteriophage and genome decoding, studying the science of red blood cell membranes and isolating the first interferon molecules.

In 1972, Dave returned to Milwaukee to pursue an advanced degree in medicine. After receiving a master's degree in medical physiology, he matriculated medical school at the medical college of Wisconsin in 1974. In 1978, Dave began a 1-year internship program in general medicine at St. Luke's Hospital in Milwaukee.

In 1980, Dave joined the Doctor's Emergency Officenter group in Chicago and pioneered a new type of practice called Urgent Care Medicine. Over the next few years, this group grew from six doctors and three offices to 75 doctors with 18 offices, including two offices in Orange County, California. Dave moved to Laguna Beach, CA in 1980 to practice medicine in the Anaheim office.

By the mid 1980s, Dave was feeling the influence of California's more holistic approach to preventing and healing disease through the use of "food as medicine." As a scientist, he began studying the works of Max Gerson, M.D., and the Gerson Institute in San Diego. Dave also studied the work of the Ann Wigmore and Hippocrates Institute in Boston and the work of Dr. Dean Ornish, a prominent San Francisco cardiologist, who authored, "Reversing Heart Disease" with diet.

By 1990, Dave had abandoned the practice of allopathic medicine and was teaching the advantages of raw food-based holistic programs to prevent and heal disease. He became a true believer of Hypocrites writings which stated, "Let thy food be thy medicine and let thy medicine be thy food."

"Dr. Dave" as he became known continued his studies involving nutrition, becoming particularly interested in living green foods such as wheatgrass and other microgreens.

In the early 1990s, Dave studied at the Permaculture Institute of Southern California in Laguna Beach learning how to grow organic, pesticide and herbicide-free foods.

In the mid 1990s, Dr. Dave returned to Milwaukee to help with raising his grandchildren. In 1996, Dr. Dave and Rev. Jan Christensen opened a healing arts center in Rhine Center, Wisconsin teaching cancer and chronic disease sufferers how to use raw, plant-based holistic methods to help heal their disease.

By 2000, Dr. Dave was fully engaged in community work in the City of Milwaukee writing *Riverwest Currents* and teaching youth about health, diet and growing organic produce. For the next ten years, Dr. Dave became a freelance trainer of plant-based holistic practices as a remedy for the chronic diseases of modern life. He also became a grower and distributor of organic wheatgrass, microgreens and medicinal foods.

In 2010, after 15 years of Wisconsin winter weather, Dr. Dave returned to Laguna Beach to continue his work. Dave is now focused on creating an urban agriculture center operated as a neighborhood farm that teaches and demonstrates the principles and techniques of what he calls “self-health.”

In early 2012, Dr. Dave joined EnviroIngenuity as a consultant to assist in the development of hi-yield urban vertical farm processes that are energy and resource efficient and allow anyone to grow fresh produce in very small spaces.

Dr. Dave is available for individual and group instruction teaching how nutritional, plant-based holistic programs can heal or prevent chronic debilitating disease.

Dr. Dave can be reached by cell: 414-303-4796 or email at drdave@zensearch.com